

EQUINE MYOPRACTIC™ PRACTITIONER COURSE



Prospectus 2018 – 2019



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1. COURSE INFORMATION

1:1 ICAT EQUINE MYOPRACTIC™ THERAPY

This is a method of restoring health by gentle structured integrated techniques, incorporating corrective precise moves and pressure points upon the bones of the head, spinal column, pelvis and limbs, thereby ensuring the proper functioning of the neuroskeletal dynamics which control the natural self-healing capability of the body.

ICAT Equine Myopractic™ therapists are trained to assess bone misalignments by using their hands and to correct any of these subluxations with highly refined yet extremely gentle flicks and pressure points. Sports massage, myofascial release, shiatsu and acupressure techniques are also incorporated into the treatment. Remedial exercises will be recommended and advice will always be given to help avoid a recurrence of the problem. This may well include referral back to the consenting veterinarian, recommending treatment by other para professionals such as saddle fitters, farriers and equine dentists. It is important to realise that this therapy does not just relieve pain, but it can, and often does, assist in the removal of other dis-ease. This is because no cell or organ of the equine body can function properly without its correct supply of nerve impulses, we term this neurokinetics. Our therapists usually treat the whole equine body at each treatment session. This is because a problem in one part of the body can lead to problems in other areas.

1:2 ENTRY QUALIFICATIONS AND SKILLS

It is anticipated that students will have been educated to **RQF Level 4 Diploma; or have an ICAT Equine Sports Massage Diploma**, however exceptions will be made for adult returners and those with extensive experience in the equine industry.

1:3 COST

£4800 covers the eighteen month course made up of eight tutorials including a practical assessment and written exam papers x 3. A deposit of £400 (*included in the total*) is required to secure a place on the course. Students can then pay the balance of £4400 followed by 18 x monthly instalments of £244.44 one month in advance. Fees are reviewed on an annual basis.

N.B. There is a discount of £800 for ICAT™ Equine Sports Massage Diploma graduates and a further discount of £200 for members of ACAT. Reduced course fee of £3800 less deposit £400 = balance £3400 in 18 monthly instalments = £188.88 one month in advance.

1:4 VENUES

Depending upon the number of students and horse availability, tutorials will take place at various ICAT Training centres, including riding schools, eventing and polo yards, in Devon, Somerset, Southampton and Oxon. This enables students to broaden their scope and practical abilities in different environments on a varied assortment of horses.



1:5 FACILITIES/EQUIPMENT

The ICAT courses are held at Training centres as mentioned above. These yards have been chosen for their important practical value; the horses are fit and competing regularly in various disciplines which make them ideal for use as case studies. The theory 'classroom' will be either in the kitchen/tack room /clubhouse of the hosting venue. The practical learning will take place in stables, 'tie ups' or outside in the stable yard.

1:6 STUDENT/TUTOR CONTACT TIMES

This 18 month course consists of eight tutorials. Each tutorial will take place from 0930 – 1630 hours held over three consecutive days every other month, usually a Mon/Tues/Wed, for 8 sessions. A five months externship during the programme is allowed for completion of home study modules.

Total 144 hours

N.B. A minimum of 18 hours tuition per tutorial over 18 months is essential. Please note that a non attendance of any tutorial will mean the candidate would still incur the fee for the missed tutorial, plus an extra fee for attending an additional catch-up session. If the candidate does not attend a catch up session, they will be withdrawn from the programme. The candidate will however remain liable for payment of the remainder of the fees for the outstanding part of the course.

1:6 ASSESSMENT

Each student will undergo a full practical assessment by an ICAT Equine Myopractic™ Examiner on the 8th tutorial, as well as being expected to successfully complete three theory papers during the course.

1:7 TUTORIAL DATES 2018-2019

This list will be reviewed at the first tutorial in order to accommodate everyone's commitments for the year.

1. **Mon/Tues/Wed 15 – 17 January 2018**
2. **Mon/Tues/Wed 12 – 14 March 2018**
3. **Mon/Tues/Wed 14 – 16 May 2018**
4. **Mon/Tues/Wed 16 –18 July 2018**
5. **Mon/Tues/Wed 10 – 12 September 2018**
6. **Mon/Tues/Wed 19 – 21 November 2018**
EXTERNSHIP (5 months)
7. **Mon/Tues/Wed 13 – 15 May 2019**
8. **Mon/Tues 3 – 4 June 2019**



1:8 CATERING

Each tutorial day will start at 0930 hours. Tea, coffee and biscuits are provided throughout the day – lunch however, is *not* included. We normally go to a nearby pub for lunch between 1300 – 1400 hours.

1:9 EQUIPMENT

Please note that there is a substantial amount of ‘hands on’ time spent outside with the horses, therefore please dress up suitably for a stable yard environment, bring plenty of warm clothing, extra socks and thermal leg wear in winter! Please wear safety boots and bring gloves and a riding hat – these **MUST** be worn when handling a horse during a dynamic assessment. Also bring with you pens, colouring pencils, writing paper, an A4 lever arch file and a camera.

2 TUTORIAL CONTENT

2:1 FORMAT

Due to the ‘whole body whole’ nature of our work we will be conducting a full static and dynamic evaluation of each horse we use during the course. The tutorials will run with the following format: theory taking place in the morning, followed by practical work in the afternoon.

2:2 FIELD TRIPS

Later in the course we intend to visit local stables to treat a wider variety of horses - plenty of notice will be given when and where these field trips will take place. We also arrange a field trip for equine dissection.

2:3 COURSE CONTENT

Terminology and pronunciation
Treating different clients
Clinical reasoning skills
Health & safety
Professional liaison

Static examination
Dynamic evaluation
Pelvic observation
Layer palpation
Equine dissection

ICAT Equine Myopractic™ Techniques

The Skeletal system:
The Cranium
Cervical vertebrae

Thoracic vertebrae
Lumbar vertebrae
Sacral vertebrae
Coccygeal
Pelvis – PSIS, ASIS
Scapula
Humerus
Radius/Ulna
Carpals
Phalanges
Navicular
Femur
Patella
Tibia/Fibula
Tarsals
Phalanges

Joint structure, function, movement.
Bone structure
Epiphyseal plates
Ligament and tendon structure, purpose, location
Equine nervous system

Mobilisation techniques
Prophylactic exercises
Advice and aftercare

Differential diagnosis
Liaising with other professionals

Guest Lectures on the following topics:

- Equine Thermography
- Equine Dissection (*external field trip*)
- Saddle Fitting
- Equine Dentistry
- The Balanced Hoof

Record keeping and clinical protocols
Starting your own business

Recap/review
Final assessment

- Practical exam on one horse
- 3 x theory papers



3 TUTORIAL INFORMATION

3:1 THE TECHNIQUE

ICAT™ Equine Myopractic™ therapy is a gentle and holistic method of correcting misalignments of the bones of the equine spine, pelvis head and limbs. There are no high velocity thrusts or adjustments which involve joint separation in this technique. Gentle mobilisation procedures, equine sports massage, soft tissue techniques and controlled prophylactic exercises for horses are also taught as part of the course.

3:2 TECHNIQUES TAUGHT DURING THE COURSE

3:2:1 ICAT Equine Myopractic™ Techniques

ICAT™ Equine Myopractic™ Techniques must be carried out ambidextrously in order to gain best results.

3:2:3 Units Covered

Technical Unit

Unit 101 – Provide ICAT Equine Myopractic™ Therapy

Underpinning Knowledge

Unit 102 - Knowledge of Equine Anatomy & Physiology

Unit 103 - Health, Safety & Hygiene

Unit 104 - Principles and Practice of ICAT Equine Myopractic™ Therapy

4 HOME STUDY

4:1 HOME STUDY

Students need to put in at least ten hours of study per week during the 18 month course. Home study assignment briefs will be issued at each module.

Total 780 hours

4:2 FIELD WORK

It is important that all the techniques are practised as often as possible. This should be on at least one horse per week, total 40 treatments.

Total 80 hours

Note: Horses used as case studies may receive more than one treatment. Each horse used must have been given prior veterinary permission for treatment to take place (see ICAT Veterinary Permission form). A full consultation must be performed at each visit and full findings and treatment details written up and handed in - together with a copy of the veterinary permission form - at each tutorial.



Students are required to take out adequate public liability insurance prior to commencing their case studies. *(Full details available at first tutorial)*

Under NO circumstances should students receive remuneration for this fieldwork.

Total 144 hours

Course Total 1004 hours

5 PORTFOLIO ASSIGNMENTS

During the eighteen month course, students will be expected to build up a portfolio of home study assignments covering the following Units:

5:1 ASSIGNMENTS

Students will be issued assignments covering some of the following units at each tutorial. Each assignment will be completed and handed in for marking at the next tutorial. Please remember to list your references and include a bibliography. Harvard referencing is NOT required.

Unit 101 - Provide ICAT Equine Myopractic™ Therapy

Unit 102 - Knowledge of Equine Anatomy & Physiology

Unit 103 - Health, Safety & Hygiene

Unit 104 - Principles and Practice of ICAT Equine Myopractic™ Therapy

6 ASSESSMENTS

There will be a continual assessment of each learners' progress throughout the course, culminating in a final individual practical assessment and three theory papers (one for each Unit).

6:1 ASSESSMENT

The final assessment will be carried out under examination conditions with each student being assigned an invigilator. Each student will be expected to demonstrate a full ICAT Equine Myopractic™ Therapy session on one horse whilst being assessed by a suitably qualified examiner.

Points that the examiner will be assessing:

1. Professionalism
2. Practice management
3. Time management
4. Case history/consultation

5. Contra indications
6. Static and dynamic evaluation
7. Tack, teeth, feet inspection
8. Record keeping
9. Differential diagnosis
10. Health and safety awareness
11. Horse handling skills
12. Palpation & technical skills
13. Explanation to horse owner during the treatment
14. Demonstration of exercises
15. Aftercare advice and follow-up information

7 THE ASSOCIATION OF COMPLEMENTARY ANIMAL THERAPISTS – ACAT

Students are invited to join the Association of Complementary Animal Therapists

The main aims of this association are:

- To maintain a register of fully trained, qualified, professional members
- To safeguard the health and welfare of animals by supporting all members in developing and providing high quality innovative animal musculo-skeletal care
- To promote a high standard of professional practice amongst our members
- To promote Continual Professional Development opportunities, monitor and record members required CPD hours.
- To ensure members maintain professional, ethical and clinical standards at all times



For further details please visit: www.theacat.co.uk

UKPRN

ICAT is a registered learning provider with the UK Register of Learning Providers No. **10013501**

FUNDING

You may be able to access funding – www.gov.uk/business-finance-support-finder

9 BOOK LIST

7:1 RECOMMENDED



READING LIST

A good veterinary medical dictionary is an absolute MUST have!

The Horse Anatomy Workbook by Maggie Raynor

J A Allen ISBN 9780851319056

Horse Anatomy A Colouring Atlas by Robert Kainer & Thomas McCracken

Alpine Publications ISBN 1577790219

The Horse's Muscles in Motion by Sara Wyche

Crowood ISBN 1861264569

Horse Structure and Movement by Peter Gray

J A Allen ISBN 085131547X

The Horse in Motion by Sarah Pilliner

Horse Biology by Zoe Davis

Horse Gaits, Balance and Movement by Susan Harris

Howell Equestrian Library ISBN 0876059558

Fitness Evaluation of the Horse by Jean-Pierre Houdebaigt

Howell Equestrian Library ISBN 9780470192290

Stretch exercises for your Horse by Karin Blignault

J A Allen ISBN 085131860

How Your Horse Moves by Gillian Higgins

David and Charles ISBN 13;9780715329924

Manual of Equine Lameness by Gary Baxter

Wiley-Blackwell 9780813815466

The Principles of Farriery by Chris Coles MRCVS

J A Allen ISBN 9780851319735

Veterinary Physiotherapy & Applied Anatomy by Louise Tartaglia and Anne Waugh

Elsevier ISBN 0750688734

Osteopathy and the Treatment of Horses by Pusey, Brooks & Jenks

Wiley-Blackwell ISBN 9781405169523

Where Does My Horse Hurt? By Renee Tucker DVM

Allenbooks ISBN 9780851319865

Veterinary Anatomy Flash Cards

Eslevier ISBN 9781437714401





ICAT EQUINE

MYOPRACTIC™

PRACTITIONER

COURSE - Academic

Year 2018/19

APPLICATION FORM

Name _____ Mr/Mrs/Miss/Ms Date of Birth _____

Address _____

_____ Postcode _____

Tel No. _____ Mobile _____

Email _____

Website _____

Existing Qualifications _____

Please describe your equine experience /ownership / achievements

Name _____

Do you have any disability or medical condition which might require special arrangements?

Contact Name and Telephone Number (in case of emergency)

_____ Tel _____

Optional: Do you have any special learning needs? YES / NO

Current Occupation _____

Membership of any professional institutions _____

How did you hear about this course? _____

Describe why you wish to become an ICAT Equine Myopractic™ Practitioner and what qualities you may bring to this occupation: *(Please continue on a separate sheet if necessary)*

BOOKING TERMS AND CONDITIONS: The total course fee is £4800*(£3800 discounted) (which includes a non-refundable, non-transferable deposit of £400). Payment can be made in instalments following receipt of the £400 deposit, as 18 monthly payments of £244.44 (£188.88 discounted) per month in advance via BACS. This intense course has been designed for existing professionals who have previously demonstrated commitment and responsibility and can manage their own learning schedules. Please note that a non-attendance of any tutorial will mean the candidate would still incur the fee for the missed tutorial, plus an extra fee for attending an additional catch up session. If the candidate does not attend a catch up session, they will be withdrawn from the programme. The candidate will however remain liable for payment of the remainder of the fees for the outstanding part of the course. To comply with the Veterinary Surgeons (Exemptions) Order 1962 no animal will be treated without the prior direction of a veterinary surgeon. *£800 discount for ICAT graduates & £200 discount for ACAT members.

I have read, understood and agree to abide by the above course booking terms and conditions

Signed _____ Date _____

Print Name _____



Name

_____ Date _____

APPLICATION FORM - *Continuation Sheet*

Describe why you wish to become an ICAT Equine Myopractic™ Practitioner and what qualities you may bring to this occupation: